



**Could you spare the time to help Debbie in the canteen?**

Scan the QR Code to take you to our easy Volunteer Sign Up Sheet.



<https://volunteersignup.org/W3RFY>

Or join and message us through the QPS P&C Canteen Facebook group.

*It's a great way to meet new friends, help the school and your kids love seeing you in the canteen.*



Or simply call Debbie in the canteen on 67463043.

Canteen Committee: Annette Wallis - Canteen Treasurer & Co-ordinator

Canteen Staff: Debbie Palmer - Canteen Manager. Colleen Calder - Canteen Assistant



# QUIRINDI PUBLIC SCHOOL P&C CANTEEN

2022



Effective from 5/7/2022

## Opening Hours

Breakfast - 8.50am to 9.20am every morning

First Break - 11.20am to 12.00pm (Mon, Tues, Wed, Thur, Fri)

Second Break - 1.30pm to 2.00pm (Wed)

Phone - (02) 67463043

**\*\*\* All cash lunch orders need to be handed into the canteen before school starts\*\*\* or**

## ORDER THROUGH FLEXISCHOOLS



[www.flexischools.com.au](http://www.flexischools.com.au)

**Orders will need to be placed online before 9.10am each school day.**

<u>SANDWICHES</u>	Plain	Toasted
Ham/Chick & Salad	\$5.00	
Salad only	\$4.50	
Ham/Chick, Cheese & Tomato	\$4.30	\$4.80
Ham/Chick & Cheese	\$4.00	\$4.50
Ham/Chick/Egg/Tuna	\$3.80	\$4.30
Cheese only	\$3.50	\$4.00
Vegemite, Jam, Honey	\$3.20	\$3.70
Extra salad (Lettuce, Carrot, Tomato, Beetroot, Cucumber)	.40c	
Bread Roll	.60c	
<u>WRAPS</u>	Plain	Toasted
Sweet Chilli Chicken	\$5.50	
With full salad	\$6.00	
Ham/Chick & Salad	\$5.50	
Ham/Chick, Cheese & Tomato	\$4.30	\$4.80
Ham/Chick & Cheese	\$4.00	\$4.50
Ham/Chicken	\$3.80	\$4.30
Cheese	\$3.50	\$4.00

<u>SALAD BOXES</u>	Large -	Small -
Salad Only GF	\$4.50	\$3.50
Salad with Ham/Chicken/Egg GF	\$6.00	\$4.50
Seasonal Fruit Salad GF	\$3.50	\$2.00
<u>HOT FOOD</u>		
Macaroni Cheese	\$5.50	
Rice Chicken & Vegetables GF	\$6.00	
Pasta Chicken & Vegetables	\$6.00	
Pasta Bolognese - Home made	\$6.00	
<u>WEDNESDAY Nacho's GF</u>	\$6.00	
Large Pie	\$5.00	
Nuggets	3 for \$2.75 and 6 for \$5.50	
Sausage Rolls ###	\$4.00	
Cheese & Bacon Pizza ###	\$4.50	
Noodles/ fork	\$2.00	
<u>SNACKS</u>		
Weis Kids Strawberry/Milk ### GF	\$2.50	
Moosies - Choc	\$2.00	
Yoghurt Pops	\$2.00	
Frozen Juice Cups - Apple/Orange GF	\$1.20	
Popcorn GF	\$1.80	
Deli Rock - Sea Salt GF	\$2.00	
Grain Waves - Sour Cream	\$2.00	
Icy Poles	.80c	
Icy Bites	.20c	
<b>GREEN: Everyday food</b>	<b>AMBER: Occasional Food</b>	
<b>GF: Gluten Free</b>		
<b>###: These foods may have traces of nuts.</b>		

<u>BURGERS</u>	Bun -	Wrap -
Chicken Burger, lettuce & mayo	\$5.00	\$5.00
Chicken Burger full salad	\$5.50	\$5.50
Beef Burger, tom, lettuce, Cheese & sauce	\$5.50	\$6.00
Beef burger full salad	\$6.00	
<u>EXTRAS</u>		
Tomato or BBQ sauce ###	.50c	
Lunch Bags	.10c	

**DRINKS**  
 Just Juice 100% poppers Apple/Orange \$1.80  
 Water \$2.00  
 Moove flavoured milk- Choc/Straw \$2.50  
 Nesquik - Choc/Straw Cold - \$1.50  
 Hot - \$1.50  
 Slushy \$2.50  
 Sippah Straw \$2.50  
BREAKFAST  
 Toast .50c  
 Raisin toast .60c  
 Muffins \$1.00  
 Nesquik flavoured milk, juice, yoghurt pops and frozen yoghurt are also available at breakfast  
BLACKBOARD SPECIALS



Gluten free: Pumpkin soup, Nacho's, Baked Potato, Butter Chicken & Rice.