



Could you spare the time to help Debbie in the canteen?

***It's a great way to meet new friends, help the school
and your kids love seeing you in the canteen.***

***Join our QPS P&C Canteen Facebook group and
Quirindi Public School P&C group for keeping in the
know!***

Or to volunteer simply call Debbie in the canteen on 67463043.

Canteen Committee: Annette Wallis - Canteen Treasurer & Co-ordinator

Canteen Staff: Debbie Palmer - Canteen Manager.

Colleen Calder - Canteen Assistant. Vanessa Alcorn – Canteen Assistant

**We encourage you and your child to choose GREEN everyday healthy food
choices. AMBER foods are occasional choices.**



QUIRINDI PUBLIC SCHOOL P&C CANTEEN

2024



Effective from 31/1/2024

Opening Hours

Breakfast - 8.50am to 9.20am every morning

First Break - 11.20am to 12.00pm (Mon, Tues, Wed, Thur, Fri)

Second Break – 1.30pm to 2.00pm (Wed)

Phone – (02) 67463043

*****All cash lunch orders need to be handed into the
Canteen before school starts*** or**

ORDER THROUGH FLEXISCHOOLS



www.flexischools.com.au

**Orders will need to be placed online before 9.10am
each school day.**

SANDWICHES

	Plain	Toasted
Ham/Chick & Salad	\$5.20	
Salad only	\$4.20	
Ham/Chick, Cheese & Tomato	\$4.50	\$4.80
Ham/Chicken & Cheese	\$4.50	\$4.70
Ham/Chicken/Egg/Tuna	\$4.80	\$4.50
Cheese only	\$3.70	\$4.20
Vegemite, Jam, Honey	\$3.40	\$3.90
Extra salad (Lettuce, Carrot, Tomato, Beetroot, Cucumber)	.60c	
Bread Roll	.80c	

WRAPS

	Plain	Toasted
Sweet Chilli Chicken	\$5.70	
With full salad	\$6.20	
Ham/Chicken & Salad	\$5.70	
Ham/Chick, Cheese & Tomato	\$4.50	\$5.00
Ham/Chicken & Cheese	\$4.20	\$4.70
Ham/Chicken	\$4.00	\$4.50
Cheese	\$3.70	\$4.20

BURGERS

Chicken Burger, lettuce & mayo	Bun -	\$5.50
	Wrap -	\$5.50
Chicken Burger full salad	Bun -	\$6.00
	Wrap -	\$6.00
Beef Burger, tom, lettuce, Cheese & sauce		\$6.00
Beef burger full salad		\$6.50

EXTRAS

Tomato or BBQ sauce ###	.50c
Lunch Bags	.10c

SALAD BOXES

Salad Only GF	Large - \$5.00
	Small - \$4.50
Salad with Ham/Chicken/Egg GF	Large - \$6.50
	Small - \$5.00
Seasonal Fruit Salad GF	Large - \$4.00
	Small - \$3.00

HOT FOOD

Macaroni Cheese	\$6.00
Rice Chicken & Vegetables GF	\$6.00
Pasta Chicken & Vegetables	\$6.00
Pasta Bolognaise – Home made	\$6.00
WEDNESDAY Nacho's GF	\$6.00
Lasagne	\$6.00
Large Pie	\$5.50
Nuggets	3 for \$2.75 and 6 for \$5.50
Sausage Rolls ###	\$4.50
Cheese & Bacon Pizza ###	\$5.00
Noodles/ fork	\$3.00

SNACKS

Moosies – Choc	\$2.00
Yoghurt Pops	\$2.00
Frozen Juice Cups – Apple/Orange GF	\$1.50
Popcorn GF	\$2.00
Deli Rock – Sea Salt GF	\$2.50
Grain Waves – Sour Cream	\$2.50
Icy Poles	\$1.00c
Icy Bites	.20c

GREEN: Everyday food **AMBER:** Occasional Food

GF: Gluten Free

###: These foods may have traces of nuts.

DRINKS

Just Juice 100% poppers Apple/Orange	\$2.00
Water	\$2.50
Moove flavoured milk- Choc/Straw	\$3.00
Nesquik – Choc/Straw	Cold - \$2.00
	Hot - \$2.00
Slushy	\$2.50
Sippah Straw	\$2.50

BREAKFAST

Toast	.50c
Raisin toast	.60c
Muffins	\$1.00

Nesquik flavoured milk, juice, yoghurt pops and frozen yoghurt are also available at breakfast.

BLACKBOARD SPECIALS

Gluten free: Pumpkin soup, Nacho's, Baked Potato, Butter Chicken & Rice.